LGBTQIA+ Resources

Medical & Mental Health Providers

<u>The Montrose Center</u>: A team of state-licensed clinicians, masters-level therapists, skilled educators, support staff, and dedicated volunteers work together to create healthier futures for Houston's LGBTQ community.

<u>Testing123, Harris County Public Health (HCPH)</u>: Human Immunodeficiency Virus (HIV) / Sexually Transmitted Disease (STD) Prevention Program, provides cost-free HIV and Syphilis testing, education, and counseling to help prevent the spread of HIV and STIs.

<u>Planned Parenthood Gulf Coast</u>: PPGC has been named an LGBTQ Healthcare Equality Leader by the Human Rights Campaign and aims to provide clients with the best health care services at an affordable price in a caring atmosphere.

<u>LGBT Switchboard Houston</u>: A 24 hour-hour helpline dedicated to providing information, nonjudgmental support, crisis information intervention, and referral services for Houston's LGBT community.

<u>Avenue 360</u>: Provides compassionate health care and social services to residents, regardless of economic status with HIV or AIDS

<u>LHI</u>: Provides funding and support for direct access to healthcare for its LGBT clients. This program delivers health insurance education and enrollment assistance, access to a diverse array of no-cost health screenings targeting high-risk health issues.

Community

<u>Gender Infinity</u>: Gender Infinity offers services for gender diverse and transgender people of all ages including community support services, a local conference, and consultations and training.



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<u>Montrose Center</u>: The Montrose Center is a hub for community activity including a volunteerrun café', rental space, wellness center groups and activities, a cyber center, and more!

<u>Houston Area Teen Coalition for Homosexuals (HATCH)</u>: is a nonprofit organization that provides a positive environment and support to gay, lesbian, bisexual, transgender, and questioning youth 13-21 in the greater Houston area.

<u>Organización Latina de Trans en Texas (OLTT - Latina Trans in Texas)</u>: Somos una organización de base comunitaria, conformada por muejers Trans para personas Trans (Transexuales,

Transgénero e Intersex) y nuestras aliadas, mantenemos nuestro enfoque de trabajo para la visibilidad y elegibilidad los derechos humanos y el bienestar de nuestra comunidad

<u>The Houston Intersex Society</u>: Aims to empower and enrich the lives of intersex people while working to end shame and discrimination through education, outreach, and support.

<u>Houston Transgender Meetup</u>: A collection of transgender-inclusive support groups.

Social Services

<u>Safe House for All</u>: Offers many social services to the LGBTQ Community such as fostering, long-term transitional housing, residential treatment, senior housing, education, networking, food outreach, clothing outreach, and music outreach.

<u>Tony's Place</u>: A drop-in center focusing on LGBT+ **youth up to 25 years of age** who are unstably housed, couch surfing, or experiencing homelessness. A safe space to access services such as hot meals, showers, laundry, clothing, wi-fi, and more, free of charge.

Open Gates: A ministry that provides services for young LGBTQ adults (18-30) experiencing homelessness.



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<u>Trans-Legal Aid Clinic Houston</u>: The Trans Legal Aid Clinic Houston helps with changing names and gender markers on legal state documents AT NO COST! Volunteer attorneys will assist you in navigating the process to correct your driver's license, passport, birth certificate, etc. Free clinics are held every other month.

<u>HAWC</u>: The Houston Area Women's Center works to end domestic and sexual violence and supports ALL in building safe and healthy lives through advocacy, counseling, education, shelter, and support services. All of our services are free of charge, confidential, and available to all genders.

Donate (any of the community and social services above also accept donations)

<u>The National Center for Transgender Equality</u> advocates changing policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

<u>Pride Houston</u>: From ensuring that one of the largest Pride festivals in the nation remains free and open to all, to elevating the voices of the LGBTQ+ community, and continuing the fight for equality.

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